









Collecting for those needing short-term, emergency support in our community.

Rice

Tinned spaghetti

Tinned potatoes / instant mash

Tinned vegetables / tomatoes

Tinned fish

Tinned meats (inc. meat pies, hot dogs, meatballs, chilli)

Coffee / tea / hot choc / squash

UHT / long life milk (cartons)

Sugar (500g)

Breakfast cereals

Jam / honey / choc spread / peanut butter

Tinned fruit / rice pudding

Custard / jelly

Biscuits & chocolate

Chickpeas / kidney beans / butter beans

Shampoo / conditioner / soap / toothbrushes / toothpaste

Sanitary products

Washing up liquid

Toilet roll

We have plenty of soup, baked beans & dried pasta

Thank you

onecantrust.org.uk

Registered Charity No. 1148626



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